

red lotus



*please join us!*

# Weekend Meditation Retreat

**Love and Meditation, Mindful Relationships**

January 28-30 2022

Portiuncula Prayer Center

Frankfort, Illinois

- START THE NEW YEAR WITH INNER PEACE, CLARITY AND PURPOSE
- BEGIN OR DEEPEN YOUR MEDITATION PRACTICE
- CULTIVATE SELF COMPASSION
- BRING SPACE AND UNDERSTANDING TO YOUR RELATIONSHIPS, CREATING A LIFE YOU LOVE

**LIMITED SPACE AVAILABLE  
INFORMATION AND REGISTRATION AT  
[WWW.REDLOTUSSANGHA.ORG](http://WWW.REDLOTUSSANGHA.ORG)**